PSHE Long Term Plan September 2026 – July 2027

Eastlands Primary School PSHE Foundation Stage						
Autumn 1		**Autumn 2**	**Spring 1**	**Spring 2**	**Summer 1**	**Summer 2**
Myself and My Relationships Beginning and Belonging	**Myself and My Relationships** Family and Friends	**Myself and My Relationships** My Emotions	**Citizenship** Identities and Diversity	**Citizenship** My World	**Healthy & Safer Lifestyles** Keeping Safe	**Healthy & Safer Lifestyles** Healthy Lifestyles

Eastlands Primary School PSHE LTP Cycle B					
Autumn 1	**Autumn 2**	**Spring 1**	**Spring 2**	**Summer 1**	**Summer 2**
Citizenship Rules Rights and Responsibilities	**Myself and My Relationships** Antibullying and Family and Friends	**Economic Wellbeing** Financial Capability and Road Safety	**Healthy and Safer Lifestyles** Digital Lifestyles (Online Safety)	**Healthy and Safer Lifestyles** Drug Education	**Myself and My Relationships** Managing Change

KS2 will also be learning about 1st aid during the year.

Protective Behaviours and RSHE will be taught across school. Information will be sent out before it is taught.